

## **BODY TREATMENT**

450K <sup>2hrs</sup>

BALI BOREH LULUR – Using a spiced herbal scrub, traditionally done before Special Ceremonies, the Bali Boreh Lulur is meant to cleanse, beautify, and invigorate the recipient on their special day. It's also used as a traditional healing treatment, suitable for anyone with a fever or just feeling run down. This is followed by a gentle Massage using Extra Virgin Coconut Oil and a Body Mask.

**ROYAL MANDI LULUR** – This Javanese Body Treatment for the bride-to-be is made with a combination of Indonesian herbs, and is traditionally applied daily for a month prior to the woman's wedding day. After the skin has been scrubbed with the Lulur, the body is massaged and then covered with a cool creamy Yoghurt Mask leaving the skin silky smooth.

BALI KOPI TREATMENT – Using locally produced Coffee, this stimulating scrub shrinks the surface capillaries, penetrating deeply into the skin to assist the breakdown of cellulite. A Carrot mask is then applied, rich in Vitamin A and full of antioxidants which slows the aging process and completes this luxurious treatment complete with a soothing massage.

**PALM BODY TREATMENT** – An ideal treatment for jet-lag or to recover from an active night. After a massage, you're given a Coconut scrub which pulls toxicity from the skin before a Coconut and Yoghurt mask that hydrates and calms the body and mind.

**SUNBURNT BODY TREATMENT** – Soothe the skin with an Extra Virgin Coconut Oil full body massage to increase burnt skin hydration levels and to slow the peeling process. It is followed by a freshly blended, cooling Cucumber and Aloe Vera mask.







## BODY SCRUB SELECTION

**Black Tea** – Reduces puffiness, has astringent properties and aids in the protection against skin cancer.

**Boreh** – This indigenous Balinese body scrub is traditionally done before Special Ceremonies to cleanse, invigorate and beautify.

Cacao – Moisturizes, nourishes and improves skin tone.

**Coconut** – Softens and hydrates the skin.

**Coffee** – Firms skin, reduce cellulite, constricts surface blood capillaries.

**Green Tea** – Detoxifies the skin and reduces inflammation.

**Lemon** — Reduces scars, evens skin tone, has astringent and antiseptic properties.

**Lulur** – Traditional Javanese body scrub, traditionally done before Special Ceremonies to cleanse, polish and beautify the skin.

## **BODY MASK SELECTION**

**Avocado**– Highly moisturizing and effective treatment of eczema.

**Algae** – Regenerates, nourishes, oxygenates and remineralizes the skin.

**Carrot** – Rich in Vitamin A, antioxidants, maintains skin and slows the aging process.

**Cucumber** – Cooling, hydrating and soothes puffy skin.

**Lemon** – Reduces scars, evens skin tone, has astringent and antiseptic properties.

Mango – Unclogs pores, rich in Vitamin A for anti-aging.

**Papaya** – Reduces wrinkles, cleans pores, tones and tightens skin.

**Seaweed** – Nourishes with Vitamins, minerals and amino acids for younger, more radiant skin.

**Turmeric** – Traditional Asian beauty product used for centuries to rejuvenate the skin.

## HAIR CREAM BATH

300K 1hr

Sun, Wind and the Ocean all damage the hair, causing excessive dryness leading to split ends. Revitalize hair with our deep conditioning Hair Bath and Scalp Massage.

## FACIAL MASK 295K 1hr

Our masks and scrubs are all natural, and will nourish your skin with Vitamins, minerals and essential elements leaving you looking and feeling younger and more radiant. The skin is cleansed and massaged with our Extra Virgin Coconut Oil. The face is then gently exfoliated with the scrub of your choice. A second cleaning and massage with oil aids in hydrating the newly exposed skin. The neck, chest and arms are also massaged



with our Extra Virgin Coconut Oil for deeper relaxation. The use of effective micro-organisms mixed with our Facial Mask enables the Vitamins and minerals to better penetrate the skin, enriching and redefining the face. While, the mask is left to penetrate the deeper layers of the skin; the arms, hands and shoulders are massaged, taking the treatment to new level of relaxation. The mask is then removed and cold cloths are applied, closing pores and toning the skin.

## FACIAL MASK SELECTION

**Avocado**– An easily absorbable moisturizer, excellent for the treatment of dry skin. Rich in Vitamin E for soft, hydrated skin.

**Algae** – This nourishing mask regenerates skin as it is packed with oxygenated minerals, leaving the skin feeling radiant.

**Carrot** – Rich in Vitamin A, antioxidants, maintains skin and slows the aging process.

**Cucumber** – Cooling, hydrating and soothes skin irritations.

**Lemon** – Reduces scars, evens skin tone, has astringent and antiseptic properties.

Mango – Unclogs pores, rich in Vitamin A for anti-aging.

**Papaya** – Reduces wrinkles, cleans pores, tones and tightens skin.

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## BALI MASSAGE 290K 1hr 340K 1.5hr

This traditional Deep Tissue Massage uses our own Extra Virgin Coconut Oil, worked deeply into tendons and muscles.

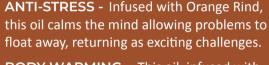
# AROMATHERAPY 320K 1hr 375K 1.5hr

Choose from our range of naturally scented Aromatherapeutic Oils. These relaxing treatments will slowly unfold body ache and pains while revitalizing the spirit.



**NATURAL COCONUT OIL** - Our own hand pressed pure extra virgin Coconut Oil, blended with natural ingredients.

**APHRODISIAC** - Infused with natural Vanilla Pod this soothing yet stimulating oil allows one to glow from within.



**BODY WARMING** – This oil, infused with Betel Leaves, stimulates blood circulation to relieve sore muscles.

**ENERGIZER** – Cinnamon and Clove come together to invigorate and recharge the body.

**EXOTIC** – Infused with Vetiver Root, this oil grounds the body but allows the spirit to fly.

**RELAXING** – This oil uses Nutmeg to promote deep relaxation of both the body and the mind.

**SENSUAL** – Infused with Lemongrass, this oil clears the mind allowing the senses to guide the body.



**SPIRIT** – This oil uses Lemon Leaf to lift mental heaviness, allowing inspiration to be set free.















## FOOT REFLEXOLOGY

250K 1hr

A healing and relieving massage for your feet. Targeting specific pressure points and knots, it will make your steps feel lighter.













